

Our Village

It has been an exciting time in the life of our Village. In February we opened our doors to help seniors age in place. Since our opening, we have serviced over 100 member requests. That is a lot of trips to the doctors, home visits and home projects. Most important, it represents many obstacles removed for seniors living in place. While most of our attention has been focused on member services, we also have been busy adding volunteers to expand our areas covered. A special thanks goes to AAUW, Edison International, Retired Teachers Chapter 38, Unitarian Universalist Fellowship, and individual donors whose financial support helped to make SLO Village a success.

Nipomo Seniors

Our plan is to expand our reach into our community based on local interest and support. With that in mind, we now have volunteers in Nipomo. If you know of seniors living there, or in the Five Cities area, who might need our services, let us know.

Social Connections

One of the jewels that San Luis Obispo has to offer is our Senior Center. Managed by the SLO Parks and Recreation, this facility offers our seniors a wide variety of activities and events.

On August 19, the Senior Center hosted a BBQ to celebrate the completion of its grounds makeover. The Senior Center extended a special Invitation to all SLO Village Members and Volunteers.

At the Senior Center on August 31st, SLO Village and HomeShareSLO will host a presentation "Essentials of Extending Elder Independence." This event is open to all.

SLO Village values the programs and services that the SLO Senior Center has to offer and looks forward to working on future events together.



Beacon Hill and Villages around the globe will celebrate 15 years of changing the experience of aging. Dr. Atul Gawande's celebrated 2014 book *Being Mortal* continues to sustain a lively national conversation about living well and enduring well in older age. Thousands will be participating in a virtual celebration.



Unitarian Gift

We are most grateful for the generous donation from the congregation of the Unitarian Universalist Fellowship of San Luis Obispo in support of subsidized low income members. This donation will help financially marginalized seniors receive services they need.

SLO Village

SLO Village is a community-based membership organization focused on empowering older adults to live happily, healthfully, and successfully in their own homes as they age. SLO Village is a volunteer organization that connects seniors with existing services, vetted businesses and social programs.



BE A VILLAGE MEMBER

Do you know of a senior neighbor, friend, or relative who may need services or social connections? Let us know. We would be happy to meet with them and provide information to help determine if SLO Village would be of value for them.

Member Services

As a member of SLO Village, you know about getting rides to and from doctor's appointments and social events or activities.

You call our office (805 242-6449) and talk to our office volunteer about the details of your request. The office will make this request visible to our volunteers. The volunteer who takes this request will call you to discuss details.

Although we have completed requests in less time, we like to have at least three days' advance notice for this process.

You may also be aware that we provide much more than just transportation. Our volunteers can be walking companions, tend to pets, read to members, help organize bills, help with technology, and provide a host of other services. In fact, if you have a need, we will see if any of our volunteers can help.

Providing rides is our most popular service. Not far behind in popularity is that of home maintenance projects. We offer a comprehensive solution for home maintenance issues. Let's say you need a new light fixture installed. One of our qualified volunteers can do that.

But if you don't know what you need, give us call. Our volunteers can make an assessment for you. If the task can be done by a volunteer, we can schedule it. If the task is beyond the scope of a volunteer, we will suggest someone from our vetted businesses.

Our vetted businesses include: handymen, plumbers, roofers, painters, landscapers and electrical professionals.

We also have vetted businesses that provide housekeeping, automotive repair, insurance, financial counselors, home health care, eye glasses and computer expertise.

If you are either a member or an associate member, give us a call. We would be happy to connect you to one of our vetted businesses.

Members

Members have access to volunteer services, vetted businesses and social programs. Members pay a yearly fee and receive volunteer services at no additional cost. Members are encouraged to attend social events and become volunteers.

Associate Members

Associate members receive no services, but can attend all social events. They are both social and financial supporters of SLO Village. Associate Members can instantly become full Members if the need arises.

Subsidized Members

SLO Village realizes that the membership fees may be out of reach for some seniors. It is our desire that we do not deny access to our Village because of financial limitations. Our Village does have a limited number of Subsidized Memberships available.

Become a Member

Call our office at **805 242-6440** and we can setup an informational meeting to answer your questions and get to know you and your needs.





Do you like to fix things, to chat with people, tend to pets, walk, or to run errands? Choose the assignment you want. Pick assignments from the list. Pick the time that works for you. Volunteer as often, or a little as you would like. You don't need to commit to a regular day or time.

Become a Volunteer

Go to our website slovillage.org, click on Volunteer, and fill out the volunteer request form. An application will be sent to you. After filling out the application, you will receive an invitation to Verified Volunteers for a background check.

If you provide transportation, we will need a copy of your auto insurance and DMV driving record.

Note: SLO Village provides liability insurance coverage for all of its volunteers.

Volunteers Provide

Transportation, courtesy calls, technology help, home repairs, gardening and in home services. Volunteers also manage the office, conduct member interviews, and help with development of programs.

Why Volunteer

Help seniors in YOUR community. Volunteer when YOU have time. Choose YOUR own assignments. Fit volunteering into YOUR lifestyle.

There are no time requirements. There are no set schedules. And it's incredibly rewarding!



Social Director: We are looking for a volunteer to help our members establish ongoing social events. This person would call members and determine what social events would be of interest. This volunteer would then help promote these events. Events might include Book Clubs, Tea/Coffee Socials, Walking Groups, etc.

Los Osos & Morro Bay Drivers:

We are looking for volunteers who can provide rides and run errands in the Morro Bay and Los Osos areas.

News Editor: We are looking for a volunteer to produce our newsletter. This volunteer would work with members, Board members and volunteers to create content in order to keep members, volunteers and friends of SLO Village informed. This volunteer should know Publisher or In Design.



Help Wanted

Outreach and Growth Manager

Looking for a person with marketing or sales experience, good organizational skills, good people skills, self-motivated, nonprofit experience, supervising experience, and computer literate.

The focus of this position is to grow and maintain membership and volunteers in SLO Village. This is a contract position: estimate 3 months in duration (renewable) that may transition into a non-profit executive director position.

\$250 annually/\$69 quarterly

If you are interested in these positions, please call our office at **805 242-6440** or email office@slovillage.org.

Membership Fees

Subsidized Membership

Single Membership \$500 annually/\$138 quarterly
Household Membership \$750 annually/\$206 quarterly
Associate Membership \$250 annually/\$69 quarterly





Village Events



8/19 Senior Center Barbecue

Members & Volunteers held a "Summertime Barbecue" at the Senior Center in Mitchel Park. About 50 people attended this event, including 25 SLO Village members.

8/31 Informational Tea Social - All

Join HomeShareSLO and SLO Village for tea and learn more about community resources to help seniors stay in their homes longer.



Thursday, August 31, 2017 1:30—3:30 p.m. at the SLO Senior Center, 1445 Santa Rosa Street, San Luis Obispo. Free, donations accepted.

The event will include a presentation, "Essentials of Extending Elder Independence," by long term care patient advocate Linda R. Beck.

9/8 TGIF Party—Members Only

All members, and associate members are invited to a TGIF party. Finger food, drink and a mixer games. Look for your invitation with details

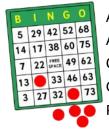
9/25 Celebrating 15 Years of the Village Movement - All

SLO Village invites you to a viewing party, reception, and conversation celebrating 15 year of the Village movement. A simulcast from Boston, will feature Dr. Atul Gawande (author of *Being Mortal*) talking about the value of community and choice as we grow older

All are welcome to join this celebration. The event will begin at 1:30pm in San Luis Obispo

RESERVATIONS ARE REQUIRED. Please reserve by calling **805 242-6440** or emailing us at office@slovillage.org. Leave your name, telephone number and the number of people attending. We will return your call and tell you the exact location of the event.

OPEN check <u>Senior Center</u> Calendar



Around The Town; Bellyfit Sage; Bingo; Book Club; Boomer Indoor Volleyball; Brain Aerobics; Bridge: "Party" Bridge; Bridge: Duplicate Bridge; Food Bank; Gem and Mineral Club; General Membership Luncheons; Legal Services; Mahjong; Pinochle and other Games; Roundtable Readers; Senior Exercise Class; Silver Streaks; Wellness & Prevention Screening; Writing Class. 805 781-7306

Note: If you are a member and need more information or a ride to any of these events please let us know. We are more than happy to help. **805 242-6440**

Thursday, August 31 SLO Senior Center 1:30 - 3:30 pm

free open to the public

Get to know the community resources that can help you or a family member age in place at home longer

tea refreshments



Community Connections: EXTENDING ELDER INDEPENDENCE

Presentation by Linda R. Beck, Esq. Long term care patient advocate

Hosted by SLO Village & HomeShareSLO



a neighborhood village helping people age in place slovillage.org 805-242-6440 HomeShare

changing lives connecting people & homes homeshareslo.org 805-215-5474

Celebrating 15 Years of the Village Movement with Dr. Atul

Monday, September 25, 2017 at 1:30 p.m.

Please join us at a live telecast party, Celebrating 15 Years of the Village Movement with Dr. Atul Gawande. The conversation, entitled "Being Mortal's Villages: The Value of Community and Choice as We

Grow Older," will feature a discussion on aging, living life with purpose, and how we can transform the possibilities for the later chapters of everyone's lives.

The Village Movement is a burgeoning, world-wide movement that champions an alternative approach for adults as they grow older. Villages are unique in that they are created by and for older adults, empowering their members to make wise, safe, and vibrant choices about how they wish to live.



SLO Village is a non-profit, community-based membership organization focused on empowering older adults to live happily, healthfully, and successfully in their own homes as they age. Visit our website to learn more: www.slovillage.org

WHEN: Monday, September 25, 2017; 1:30 p.m.

RSVP by September 20 with a call to SLO Village Office at **805-242-6440** or send an email to office@slovillage.org

Village Movement

In 2002 Beacon Hill, in Boston, became the first Village and changed the way in which seniors can age in place. Today, there are about 200 Villages across the nation that are in operation, with over 40,000 Village members. There are another 190 Villages currently in development.

California leads the country with over 70 villages. Nearby California coastal villages include Santa Barbara to the South and Monterey Village to the North.

SLO Village is a member of the Village to Village Network. The first community meeting was in February of 2015. We received our Non-Profit Status 501(c)(3) in April of 2016 and opened to all seniors in February of 2017.



Serving: Arroyo Grande - Avila Beach - Grover Beach Los Osos - Morro Bay - Nipomo - Oceano - Pismo Beach **Shell Beach San Luis Obispo**

SLO Village Friends

SLO Village is most grateful for the support from the following organizations.





Dignity Health. French Hospital







Spirit Winds Physical Therapy





Unitarian Universalist Fellowship



SLO Village Links

SLO Village

slovillage.org

Membership

slovillage.org/ membership.html

Volunteer

slovillage.org/volunteer.html

Recommend a Vendor

slovillage.org/vendors.html

Get on Our List

SLO Village Distribution

Donate

Financial Help

If you would like to support our Village with a donation contact meg@slovillage.org or click on the PayPal logo below.



California Villages

California now leads nation with the most Villages. Check out what is happening at some of these Villages.

Ashby Village (Berkeley) Avenidas Village (Palo Alto) Marin Villages (Marin) Monterey Bay Village Santa Barbara Village Sequoia Village (Belmont, San Carlos and Redwood City)

SLO Village Board

President:

Dave Kuykendall

Secretary:

Sally Kruger

Treasurer:

Meg Kuykendall

Board Members:

John Alongi

Gene Kruger

Tauria Linala

Ann Robinson

Ray Smith

A special thanks to First Presbyterian of San Luis Obispo for providing much needed office space for SLO Village.



SLO Village

Email: office@SLOvillage.org

Phone: 805 242-6440

Address: PO Box 15038, SLO, CA 93406

Website: www.SLOvillage.org

https://www.facebook.com/groups/neighborhood.village/

